

2018 Tri Metro Conference Meet

Macalester University, St. Paul - 5/16/2018

Women - Team Rankings - 18 Events Scored

- 1) Visitation 143.50
- 2) Concordia Academy 142.50
- 3) DeLaSalle High School 97
- 4) Academy of Holy Ange 92.50
- 5) St. Croix Lutheran H 89.50
- 6) Fridley 86
- 7) Brooklyn Center High 26
- 8) Saint Agnes School 15
- 9) Columbia Heights Hig 2

Men - Team Rankings - 18 Events Scored

- 1) St. Croix Lutheran H 164.50
- 2) Academy of Holy Ange 146
- 3) DeLaSalle High School 140
- 4) Concordia Academy 98
- 5) Fridley 71
- 6) Saint Agnes School 32.50
- 7) Columbia Heights Hig 29
- 8) Brooklyn Center High 4

Event 6 Boys 100 Meter Dash

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Name	Year	School	Prelims	H#
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Preliminaries

- 1 Maag, Garrett SR St. Croix Lu 11.34Q 1
- 2 Wright, Julian JR DeLaSalle Hi 11.62Q 3
- 3 Hackett, Casey SR Concordia Academy 11.64Q 2
- 4 Prigge, Coltan SR St. Croix Lu 11.38q 1
- 5 Camery, Miles SO DeLaSalle Hi 11.66q 2
- 6 Huss, Evan SR Academy of H 11.74q 3
- 7 Laird, Peter SR Academy of H 11.84q 2
- 8 Moore, Kenneth JR Columbia Hei 12.22q 1
- 9 Hassan, Shah SO Fridley 12.25q 1
- 10 Ingram, Ethan SO Concordia Academy 12.29 3
- 11 Oman, Oman SO Fridley 12.32 3
- 12 Heck, Emmet JR Concordia Academy 12.41 2
- 13 Flemister, Xavier FR DeLaSalle Hi 12.58 1
- 14 Towns, Tony FR Fridley 12.65 2
- 15 Castaneda, Henry SO Brooklyn Cen 12.69 1
- 16 Morris, Kentale JR Saint Agnes School 12.81 3
- 17 Etnier, John Paul SO Saint Agnes School 13.02 3
- 18 Retic, Daniel FR Brooklyn Cen 13.08 3
- 19 Buss, Charles SO Saint Agnes School 13.96 2

Event 5 Girls 100 Meter Dash

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Name	Year	School	Prelims	H#
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Preliminaries

- 1 Lewis, Cece JR Fridley 12.68Q 3
- 2 Hazel, Moira SR DeLaSalle Hi 13.04Q 2
- 3 Tesch-Stevson, Haley FR DeLaSalle Hi 13.43Q 1
- 4 McCrory, Ciara FR Academy of H 13.15q 3
- 5 Burns, Sydney FR Academy of H 13.29q 2
- 6 Kromah, Musu SR Brooklyn Cen 13.35q 3
- 7 Gadison, Audrey SR St. Croix Lu 13.47q 3
- 8 Young, Jaclyn 8 Visitation 13.61q 2
- 9 Henry, Isabelle SO Academy of H 13.65q 1
- 10 Groppoli, Emily FR Visitation 13.68 1

11 Partridge, Claudia SR DeLaSalle Hi 13.70 3
 12 Scholten, Annika SR Concordia Academy 13.72 1
 13 Johnson, Jordan SO St. Croix Lu 13.85 2 13.841
 14 Schuessler, Myia JR Concordia Academy 13.85 3 13.844
 15 Schlehuger, Maddie SO Visitation 13.92 3
 16 Douhe Guela, Andrea SR Fridley 13.93 1
 17 Lynn, Mary 8 Saint Agnes School 14.17 2
 18 Harrison, Chloe SO Fridley 14.39 1
 19 Kell, Emily SO St. Croix Lu 14.41 1
 20 Walker, Makayla 8 Columbia Hei 14.42 2
 21 Milevskaya, Elizaveta 8 Columbia Hei 14.44 2
 22 Bergan, Lilah 7 Columbia Hei 14.59 2
 23 Winterfeldt, Paige JR Concordia Academy 14.62 3
 24 Most, Olivia FR Saint Agnes School 14.89 1
 25 Birkey, Rose SO Saint Agnes School 16.90 3

Event 4 Boys 110 Meter Hurdles

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Name Year School Prelims H#

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Preliminaries

1 Kosmach, John SR Academy of H 15.21Q 1
 2 Thompson, Brady SR DeLaSalle Hi 16.38Q 2
 3 Marzinske, Jake JR St. Croix Lu 16.41q 1
 4 Boll, Jonathan SR Concordia Academy 17.20q 2
 5 Voelker, David JR Concordia Academy 17.31q 1
 6 Rathje, Caleb JR St. Croix Lu 17.71q 1
 7 Larson, Erik JR Academy of H 17.96q 2
 8 Denzer, Greg SO Fridley 18.22q 2
 9 Kletter, AJ SR DeLaSalle Hi 19.18q 2
 10 Ruiz, Jesus SR Fridley 19.22 1
 11 Silver, Ian SO DeLaSalle Hi 19.53 1
 12 Preble, Barnabas JR Concordia Academy 19.83 2
 13 Hunter, Patterson JR Fridley 21.26 1
 14 Polzin, Zach SO St. Croix Lu 22.21 1

Event 3 Girls 100 Meter Hurdles

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Name Year School Prelims H#

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Preliminaries

1 Robinson, Arika SR Concordia Academy 16.20Q 3
 2 Robinson, Jaila JR Academy of H 16.99Q 2
 3 Daniel, Rayo SO DeLaSalle Hi 17.01Q 1
 4 Ness, Saralynn SR Fridley 17.58q 2
 5 Mohs, Courtney SR Academy of H 17.89q 3
 6 Zinter, Shaina 8 Concordia Academy 18.07q 1
 7 Ostendorf, Elizabeth SR Concordia Academy 18.34q 1
 8 Raasch, Abby SR St. Croix Lu 18.59q 3
 9 Kern, Lauren SO Visitation 18.75q 2
 10 Reynolds, Emily JR Columbia Hei 19.09 1
 11 Skrien, Ruby SR St. Croix Lu 19.13 2
 12 Wendland, Alyssa SR St. Croix Lu 19.15 1
 13 Rodriguez, Santrice FR Fridley 19.39 1
 14 Mitchell, Kayla JR Columbia Hei 20.01 3
 15 Griswold, Isabella FR Academy of H 20.29 3
 16 O'Keefe, Vanessa JR Visitation 20.34 3
 17 Bergan, Lilah 7 Columbia Hei 21.04 2
 18 Seldom, Tenzin SO Fridley 21.07 2

Event 20 Boys 200 Meter Dash

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Name Year School Prelims H#

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Preliminaries

- 1 Wright, Julian JR DeLaSalle Hi 23.05Q 3
- 2 Camery, Miles SO DeLaSalle Hi 23.36Q 1
- 3 Kuroki, Asahi JR St. Croix Lu 23.65Q 2
- 4 Maag, Garrett SR St. Croix Lu 23.18q 3
- 5 Roberts, Xavier SR DeLaSalle Hi 23.39q 1
- 6 Laird, Peter SR Academy of H 23.80q 2
- 7 Shea, Nolan JR Academy of H 24.09q 3
- 8 Burkhart, Ronnie SR St. Croix Lu 24.64q 3
- 9 Towns, Tony FR Fridley 24.72q 2
- 10 Balla, Brent SO Fridley 24.74 1
- 11 Benz, Zachary JR Academy of H 24.78 3
- 12 Hassan, Shah SO Fridley 25.11 1
- 13 Johnson, Garrett SR Concordia Academy 25.21 1
- 14 Moore, Kenneth JR Columbia Hei 25.22 3
- 15 Morris, Kentale JR Saint Agnes School 25.26 3
- 16 Castaneda, Henry SO Brooklyn Cen 25.79 2
- 17 Sandau, Ian FR Concordia Academy 25.81 1 25.805
- 18 Etnier, John Paul SO Saint Agnes School 25.81 2 25.809
- 19 Abebayehu, Solomon JR Concordia Academy 25.88 2
- 20 Retic, Daniel FR Brooklyn Cen 26.38 2
- 21 Richmond, Omarion FR Columbia Hei 27.35 1
- 22 Vu, Vincent FR Saint Agnes School 27.43 2

Event 19 Girls 200 Meter Dash

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Name Year School Prelims H#

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Preliminaries

- 1 Lewis, Cece JR Fridley 26.15Q 3
- 2 McCrory, Ciara FR Academy of H 27.01Q 2
- 3 Bastiaens, Ellie SR Visitation 27.33Q 1
- 4 Williams, Nayeli FR Brooklyn Cen 27.08q 2
- 5 Groppoli, Emily FR Visitation 27.19q 2
- 6 Robinson, Jaila JR Academy of H 27.58q 3
- 7 Henry, Emma SO Academy of H 27.83q 1
- 8 Kromah, Musu SR Brooklyn Cen 27.85q 1
- 9 Ambrus, Muriel JR DeLaSalle Hi 27.89q 3
- 10 Harris, Juliana 8 Fridley 27.90 3
- 11 Montgomery, Rachel JR St. Croix Lu 27.91 1
- 12 Hazel, Moira SR DeLaSalle Hi 28.21 2
- 13 Douhe Guela, Andrea SR Fridley 28.53 1
- 14 Dumoulin, Aaliyah 8 Columbia Hei 28.82 2
- 15 Gansler, Erika FR Saint Agnes School 28.90 1
- 16 Schletty, Nora SO St. Croix Lu 29.28 3
- 17 Kell, Emily SO St. Croix Lu 29.44 2
- 18 Maher, Maddie FR DeLaSalle Hi 29.67 1
- 19 Tensaie, Ivane FR Concordia Academy 29.76 3
- 20 Lynn, Mary 8 Saint Agnes School 30.24 1
- 21 Gonzalez, Angelina 7 Columbia Hei 30.75 3
- 22 Paup, Haley SR Concordia Academy 31.10 2
- 23 Fisher, Majority 7 Columbia Hei 31.19 2
- 24 Galush, Maria SO Saint Agnes School 33.37 3

Event 1 Girls 4x800 Meter Relay

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School Finals Points

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Finals

- 1 Visitation 9:47.03 10
- 1) Grunau, Sadie SO 2) Reamer, Nina JR
- 3) Schoonover, MaryKate SR 4) Burke, Mary SO
- 2 DeLaSalle High Schoo 10:47.85 8
- 1) Lyngen, Lucy SO 2) Haller, Maggie SO
- 3) Wenner, Megan FR 4) Lyngen, Leah JR

5) Benjamin, Isabella FR 6) Dupont, Sophie FR
 3 Concordia Academy 10:52.42 6
 1) Ousdigian, Kathryn SO 2) Thompson, Meredith SR
 3) Fritz, Emma JR 4) Myers, Greta 7
 4 Fridley 11:10.47 5
 1) Bosak, Hannah SO 2) Prairie, Grace FR
 3) Brown, Rebakah FR 4) Lewis, Sierra JR
 5 Saint Agnes School 11:27.33 4
 1) Wilgenbusch, Anna SR 2) Walter, Anna FR
 3) Dimmel, Maya 8 4) Knecht, Bri SO
 5) Marcolina, Jena SO 6) Brown, McKenna FR
 6 St. Croix Lutheran H 11:36.09 3
 1) Ponath, Elsa JR 2) Johnson, Miranda SO
 3) Otto, Callie Jo FR 4) Harris, Rachel 8
 5) Greene, Alyse FR 6) Ryan, Kelsi SR
 7 Academy of Holy Ange 12:15.48 2
 1) Laird, Molly SO 2) Laux, Margaret FR
 3) McGarry, Lauren SO 4) Woodward, Olivia FR

Event 2 Boys 4x800 Meter Relay

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School Finals Points

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Finals

1 Academy of Holy Ange 9:06.46 10
 1) Ball, Porter SO 2) Oslund, David SO
 3) Sobhani, Dominic SO 4) O'Rourke, Conor SO
 2 DeLaSalle High Schoo 9:06.55 8
 1) Omodt, Nathan SO 2) Goedekke, Gabriel SO
 3) Fisher, Henry SO 4) Nigatu, Amanuel JR
 5) Villagomez, Romario SR 6) Walker, Michael SO
 3 St. Croix Lutheran H 9:23.11 6
 1) Pickerign, Hunter SO 2) Diegues, Pedro SO
 3) Peters, Sam SO 4) Rehme, Rafael JR
 5) Haberkorn, Sam JR 6) Mueller, William FR
 4 Saint Agnes School 9:27.09 5
 1) Dahlstrom, Ethan JR 2) Fink, Gabe JR
 3) Gansler, Ben JR 4) Rasmussen, Ray JR
 5) Williams, Joseph SO 6)
 5 Fridley 9:31.69 4
 1) Hogle, Graham JR 2) Howard, Bryant SO
 3) Castillo, Christopher SO 4) Sheikdon, Abdullahi JR
 5) Conde Arcos, Carlos SR 6)
 6 Concordia Academy 9:50.30 3
 1) Winterfeldt, Ethan SO 2) Loomis, Caleb SO
 3) Kato, Jake SO 4) Hoefs, Josh FR
 7 Columbia Heights Hig 10:20.72 2
 1) Oates, Chase 8 2) Hassan, Fuad FR
 3) Garcia, Dali SR 4) Williams, Domnick 7
 5) Boehner, Pascal JR 6) Pham, Drake 8
 8 Brooklyn Center High 10:42.36 1
 1) Thao, Kong SO 2) Fraire-Morales, Juan JR
 3) Espinoza, Jessie SO 4) Gjerstad, Camron SO

Event 3 Girls 100 Meter Hurdles

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Name Year School Finals Points

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Finals

1 Robinson, Arika SR Concordia Academy 16.54 10
 2 Zinter, Shaina 8 Concordia Academy 16.81 8
 3 Robinson, Jaila JR Academy of H 17.02 6
 4 Ness, Saralynn SR Fridley 17.63 5
 5 Mohs, Courtney SR Academy of H 18.11 4
 6 Ostendorf, Elizabeth SR Concordia Academy 18.12 3

7 Raasch, Abby SR St. Croix Lu 18.17 2
8 Kern, Lauren SO Visitation 19.08 1
9 Daniel, Rayo SO DeLaSalle Hi 19.53

Event 4 Boys 110 Meter Hurdles

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Name Year School Finals Points

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Finals

1 Kosmach, John SR Academy of H 15.88 10
2 Thompson, Brady SR DeLaSalle Hi 16.01 8
3 Marzinske, Jake JR St. Croix Lu 16.40 6
4 Boll, Jonathan SR Concordia Academy 17.01 5
5 Voelker, David JR Concordia Academy 17.36 4
6 Rathje, Caleb JR St. Croix Lu 17.41 3
7 Larson, Erik JR Academy of H 17.67 2
8 Denzer, Greg SO Fridley 18.23 1
9 Kletter, AJ SR DeLaSalle Hi 18.62

Event 5 Girls 100 Meter Dash

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Name Year School Finals Points

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Finals

1 Lewis, Cece JR Fridley 12.94 10
2 Hazel, Moira SR DeLaSalle Hi 13.21 8
3 Tesch-Stevson, Haley FR DeLaSalle Hi 13.40 6
4 McCrory, Ciara FR Academy of H 13.47 5
5 Henry, Isabelle SO Academy of H 13.69 4
6 Burns, Sydney FR Academy of H 13.72 3
7 Kromah, Musu SR Brooklyn Cen 13.80 2
8 Gadison, Audrey SR St. Croix Lu 13.82 1
9 Young, Jaclyn 8 Visitation 13.97

Event 6 Boys 100 Meter Dash

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Name Year School Finals Points

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Finals

1 Wright, Julian JR DeLaSalle Hi 11.17 10
2 Maag, Garrett SR St. Croix Lu 11.32 8
3 Huss, Evan SR Academy of H 11.43 6
4 Prigge, Coltan SR St. Croix Lu 11.44 5
5 Hackett, Casey SR Concordia Academy 11.45 4
6 Laird, Peter SR Academy of H 11.65 3
7 Camery, Miles SO DeLaSalle Hi 11.83 2
8 Hassan, Shah SO Fridley 12.27 1

Event 9 Girls 4x200 Meter Relay

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School Finals Points

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Finals

1 Academy of Holy Ange 1:50.08 10
1) Burns, Sydney FR 2) Robinson, Jaila JR
3) Henry, Emma SO 4) Henry, Isabelle SO
2 Visitation 1:51.76 8
1) Schlehuger, Maddie SO 2) Sukup, Ella 8
3) Bastiaens, Ellie SR 4) Young, Jaclyn 8
5) Hoffman, Ava SO 6)
3 St. Croix Lutheran H 1:53.76 6
1) Gadison, Audrey SR 2) Johnson, Jordan SO
3) Schletty, Nora SO 4) Montgomery, Rachel JR
5) Tiarks, Kylee 8 6) Gehring, Ruth JR
4 Fridley 1:54.48 5

- 1) Harris, Juliana 8 2) Yancy, Ah'Janay SO
- 3) Harrison, Chloe SO 4) Smith, Britney JR
- 5) Crockett, Katrina SR 6)
- 5 DeLaSalle High Schoo 1:56.91 4
- 1) Rotman, Norah FR 2) Lyngen, Lucy SO
- 3) Ambrose, Leila FR 4) Maher, Maddie FR
- 5) Hames, Abby SO 6) Laumakis, Molly SO
- 6 Concordia Academy 1:58.17 3
- 1) Fallert, Kira FR 2) Tensaie, Ivane FR
- 3) Schuessler, Myia JR 4) Hackett, Sydney SO
- Columbia Heights Hig DQ out of zone, exc 2
- 1) James, Alesha FR 2) Dumoulin, Aaliyah 8
- 3) Gonzalez, Angelina 7 4) Milevskaya, Elizaveta 8
- 5) Walker, Makayla 8 6) Fisher, Majority 7
- Saint Agnes School DQ interference
- 1) Gansler, Erika FR 2) Most, Olivia FR
- 3) Lynn, Mary 8 4) Galush, Maria SO
- 5) Petruconis, Cecelia JR 6)

Event 10 Boys 4x200 Meter Relay

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School Finals Points

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Finals

- 1 St. Croix Lutheran H 1:33.47 10
- 1) Prigge, Coltan SR 2) Kuroki, Asahi JR
- 3) Liesener, Josh SO 4) Chernohorsky, James SR
- 5) Harris, Gabe JR 6) Arndt, Zach FR
- 2 DeLaSalle High Schoo 1:35.92 8
- 1) Linares, Liam FR 2) Kalscheur, Gabe SR
- 3) Nelson, Stewart FR 4) Roberts, Xavier SR
- 5) Nigatu, Amanuel JR 6) Hunter, Marcus FR
- 3 Concordia Academy 1:36.06 6
- 1) Heck, Emmet JR 2) Johnson, Garrett SR
- 3) TerHaar, Aaron SO 4) Quast, Jaden FR
- 5) Abebayehu, Solomon JR 6)
- 4 Academy of Holy Ange 1:36.28 5
- 1) Larson, Erik JR 2) Benz, Zachary JR
- 3) Gillard, Alex SR 4) Shea, Nolan JR
- 5) Block, Logan JR 6)
- Fridley DQ exch 2, out of zone
- 1) ZayZay, Benedict SR 2) Ombuya, George FR
- 3) Balla, Brent SO 4) Oman, Oman SO
- 5) Kardor, Sebastian SO 6) Larsen, Jayshaun SO
- Columbia Heights Hig DQ exch 3, out of zone
- 1) Katchmark, William FR 2) Berry IV, David JR
- 3) McPike, Shane SO 4) Richmond, Omarion FR
- 5) Mohamed Arafa, Mohamed SR 6) Miller, Deshawn SR
- Saint Agnes School DQ exch 3, out of zone
- 1) Buss, Charles SO 2) Morris, Kentale JR
- 3) Etnier, John Paul SO 4) Vu, Vincent FR
- 5) Brownell, Andrew SO 6) True, Phillip SO

Event 7 Girls 1600 Meter Run

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Name Year School Finals Points

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Finals

- 1 Dalseth, Margaret FR Visitation 5:20.69 10
- 2 Couwenhoven, Anna 8 Fridley 5:37.94 8
- 3 Burke, Mary SO Visitation 5:39.77 6
- 4 Junker, Brenna FR St. Croix Lu 5:45.09 5
- 5 Benjamin, Isabella FR DeLaSalle Hi 5:49.72 4
- 6 Newsome, Caitlin SO Visitation 5:56.60 3
- 7 Thompson, Meredith SR Concordia Academy 5:56.89 2

8 Sobhani, Hanna SR Academy of H 5:58.44 1
 9 Myers, Greta 7 Concordia Academy 5:59.94
 10 Harris, Rachel 8 St. Croix Lu 6:04.49
 11 Brown, Rebakah FR Fridley 6:11.54
 12 Walter, Anna FR Saint Agnes School 6:13.29
 13 Ponath, Elsa JR St. Croix Lu 6:19.21
 14 Bennett, Lexie SR Academy of H 6:25.62
 15 Manneh, Fatou SR Columbia Hei 6:28.91
 16 Dimmel, Maya 8 Saint Agnes School 6:29.12
 17 Laird, Molly SO Academy of H 6:31.39
 18 Siedlecki, Summer JR Fridley 6:38.74
 19 Marcolina, Jena SO Saint Agnes School 6:49.19

Event 8 Boys 1600 Meter Run

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Name Year School Finals Points

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Finals

1 Holthusen, Jack JR DeLaSalle Hi 4:59.33 10
 2 Goetz, Sam JR DeLaSalle Hi 5:00.73 8
 3 Wolf, Vaughan FR Saint Agnes School 5:01.55 6
 4 Sheeley, Liam FR Academy of H 5:03.96 5
 5 Yocum, Michael JR Fridley 5:07.66 4
 6 Oates, Chase 8 Columbia Hei 5:10.04 3
 7 Peters, Sam SO St. Croix Lu 5:11.90 2
 8 Sheikdon, Abdullahi JR Fridley 5:12.44 1
 9 Oslund, David SO Academy of H 5:12.46
 10 Walker, Michael SO DeLaSalle Hi 5:18.64
 11 Bettencourt, Matthew JR Saint Agnes School 5:19.23
 12 Gawrisch, Grant SO St. Croix Lu 5:21.08
 13 Stokman, Thomas SO Saint Agnes School 5:23.09
 14 Osagiede, Andrew SR Brooklyn Cen 5:23.16
 15 Spearmon, Damon 7 Columbia Hei 5:23.37
 16 Keller, Matthew JR Academy of H 5:24.49
 17 Loomis, Caleb SO Concordia Academy 5:41.37
 18 Mueller, William FR St. Croix Lu 5:47.34
 19 Symmank, Luke JR Concordia Academy 5:50.15
 20 Guerrero, Jonathan FR Fridley 6:03.73
 21 Williams, Domnick 7 Columbia Hei 6:18.23
 22 Ryden, Jake FR Concordia Academy 6:24.09

Event 13 Girls 4x100 Meter Relay

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School Finals Points

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Finals

1 Concordia Academy 52.01 10
 1) TerHaar, Rachel SR 2) Hartinger, Michaella JR
 3) Schuessler, Myia JR 4) Scholten, Annika SR
 2 Fridley 52.78 8
 1) Harris, Juliana 8 2) Douhe Guela, Andrea SR
 3) Harrison, Chloe SO 4) Smith, Britney JR
 5) Crockett, Katrina SR 6) Yancy, Ah'Janay SO
 3 DeLaSalle High Schoo 52.78 6
 1) Maher, Maddie FR 2) Partridge, Claudia SR
 3) Tesch-Stevson, Haley FR 4) Hazel, Moira SR
 5) Hames, Abby SO 6) Ambrose, Leila FR
 4 St. Croix Lutheran H 52.84 5
 1) Gadison, Audrey SR 2) Johnson, Jordan SO
 3) Schletty, Nora SO 4) Montgomery, Rachel JR
 5) Kell, Emily SO 6) Little, Hannah FR
 5 Visitation 53.09 4
 1) Groppoli, Emily FR 2) Schlehuber, Maddie SO
 3) Young, Jaclyn 8 4) Bastiaens, Ellie SR
 6 Academy of Holy Ange 53.10 3

- 1) McGuire, Bridget SO 2) Steilen, Libby FR
- 3) Lacek, Ally FR 4) McCrory, Ciara FR
- 5) Arentz, Kaitlyn JR 6)
- 7 Columbia Heights Hig 58.93 2
- 1) Walker, Makayla 8 2) Dolkar, Tenzin 8
- 3) Yupa, Alexis SR 4) Bluhm, Natalie SR
- 5) James, Alesha FR 6) Milevskaya, Elizaveta 8

Event 14 Boys 4x100 Meter Relay

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School Finals Points

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Finals

- 1 Academy of Holy Ange 43.55 10
- 1) Shorter, Keontay SR 2) Kosmach, John SR
- 3) Laird, Peter SR 4) Huss, Evan SR
- 5) Shelstad, Thomas JR 6)
- 2 St. Croix Lutheran H 43.86 8
- 1) Prigge, Coltan SR 2) Kuroki, Asahi JR
- 3) Chernohorsky, James SR 4) Maag, Garrett SR
- 5) Allen, Isaiah JR 6) Liesener, Jon JR
- 3 Concordia Academy 45.41 6
- 1) Heck, Emmet JR 2) Ingram, Ethan SO
- 3) Cooke, Mitchell SR 4) Hackett, Casey SR
- 4 DeLaSalle High Schoo 46.46 5
- 1) Flemister, Xavier FR 2) Nelson, Stewart FR
- 3) Roberts, Xavier SR 4) Camery, Miles SO
- 5) Linares, Liam FR 6) Hunter, Marcus FR
- 5 Fridley 46.48 4
- 1) Hassan, Shah SO 2) Ombuya, George FR
- 3) Williams, Daunte JR 4) Kardor, Sebastian SO
- 5) Balla, Brent SO 6) Oman, Oman SO

Event 11 Girls 400 Meter Dash

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Name Year School Finals H# Points

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Finals

- 1 Lewis, Cece JR Fridley 59.51 3 10
- 2 Henry, Isabelle SO Academy of H 1:03.02 3 8
- 3 Sukup, Ella 8 Visitation 1:03.31 3 6
- 4 Ambrus, Muriel JR DeLaSalle Hi 1:03.64 3 5
- 5 Burns, Sydney FR Academy of H 1:04.06 3 4
- 6 Hartinger, Michaella JR Concordia Academy 1:04.11 3 3
- 7 Gansler, Erika FR Saint Agnes School 1:04.33 3 2
- 8 Couwenhoven, Anna 8 Fridley 1:05.49 3 1
- 9 Kromah, Musu SR Brooklyn Cen 1:06.30 2
- 10 Rotman, Norah FR DeLaSalle Hi 1:07.13 2
- 11 Thaler, Paige FR Visitation 1:07.28 3
- 12 Steilen, Libby FR Academy of H 1:08.18 2
- 13 Gehring, Ruth JR St. Croix Lu 1:08.48 2
- 14 Tiarks, Kylee 8 St. Croix Lu 1:08.87 2
- 15 Wicklund, Katie SR Concordia Academy 1:09.41 1
- 16 Wenner, Megan FR DeLaSalle Hi 1:11.69 2
- 17 Foote, Sara SO Saint Agnes School 1:13.19 1
- 18 Petruconis, Cecelia JR Saint Agnes School 1:13.22 2
- 19 Kaiser, Makayla SO St. Croix Lu 1:14.13 2

Event 12 Boys 400 Meter Dash

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Name Year School Finals H# Points

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Finals

- 1 Wright, Julian JR DeLaSalle Hi 51.48 3 10
- 2 Gillard, Alex SR Academy of H 53.29 3 8

3 ZayZay, Benedict SR Fridley 54.03 3 6
 4 Wurst, Mike JR St. Croix Lu 54.09 3 5
 5 Kalscheur, Gabe SR DeLaSalle Hi 54.32 3 4
 6 Cooke, Mitchell SR Concordia Academy 54.46 2 3
 7 Villagomez, Romario SR DeLaSalle Hi 54.79 3 2
 8 Brownell, Andrew SO Saint Agnes School 55.38 2 1
 9 Harris, Gabe JR St. Croix Lu 55.94 2
 10 Towns, Tony FR Fridley 56.04 2
 11 Dahlstrom, Ethan JR Saint Agnes School 56.37 3
 12 Arndt, Zach FR St. Croix Lu 56.53 3
 13 Quast, Jaden FR Concordia Academy 57.79 2
 14 Castaneda, Henry SO Brooklyn Cen 57.80 2
 15 Castillo, Christopher SO Fridley 58.40 2
 16 Retic, Daniel FR Brooklyn Cen 59.16 1
 17 Gansler, Ben JR Saint Agnes School 59.22 1
 18 Ocloo, Eric SO Columbia Hei 1:04.85 1
 19 Hassan, Fuad FR Columbia Hei 1:05.00 1

Event 15 Girls 300 Meter Hurdles

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Name	Year	School	Finals	H#	Points
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Finals

1	Zinter, Shaina	8	Concordia Academy	49.04	3 10
2	Williams, Nayeli	FR	Brooklyn Cen	49.72	3 8
3	Henry, Emma	SO	Academy of H	49.73	3 6
4	Rodriguez, Santrice	FR	Fridley	50.51	3 5
5	Dupont, Sophie	FR	DeLaSalle Hi	51.24	3 4
6	Raasch, Abby	SR	St. Croix Lu	51.90	2 3
7	Fallert, Kira	FR	Concordia Academy	52.33	3 2
8	Kern, Lauren	SO	Visitation	53.39	3 1
9	Ostendorf, Elizabeth	SR	Concordia Academy	53.71	3
10	Wendland, Alyssa	SR	St. Croix Lu	53.77	2
11	Most, Olivia	FR	Saint Agnes School	55.63	3
12	Ness, Saralynn	SR	Fridley	55.91	2
13	Mohs, Courtney	SR	Academy of H	56.57	2
14	Reynolds, Emily	JR	Columbia Hei	56.74	1
15	Bercich, Abigail	SO	Academy of H	57.24	2
16	O'Keefe, Vanessa	JR	Visitation	57.73	2
17	Bergan, Lilah	7	Columbia Hei	1:00.22	1
18	Jama, Ebyan	8	Columbia Hei	1:06.50	1

Event 16 Boys 300 Meter Hurdles

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Name	Year	School	Finals	H#	Points
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Finals

1	Kosmach, John	SR	Academy of H	40.56	2 10
2	Liesener, Josh	SO	St. Croix Lu	43.38	2 8
3	Thompson, Brady	SR	DeLaSalle Hi	44.49	2 6
4	Voelker, David	JR	Concordia Academy	44.82	2 5
5	Marzinske, Jake	JR	St. Croix Lu	45.11	2 4
6	Larson, Erik	JR	Academy of H	45.13	2 3
7	Preble, Barnabas	JR	Concordia Academy	46.50	2 2
8	Nigatu, Amanuel	JR	DeLaSalle Hi	47.56	1 1
9	Hunter, Patterson	JR	Fridley	47.87	2
10	Denzer, Greg	SO	Fridley	48.30	1
11	Anderson, Mason	FR	DeLaSalle Hi	48.94	1
12	Rathje, Caleb	JR	St. Croix Lu	49.24	2
13	Ruiz, Jesus	SR	Fridley	50.08	1
14	Kato, Jake	SO	Concordia Academy	50.55	1

Event 17 Girls 800 Meter Run

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Name	Year	School	Finals	H#	Points
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Finals

1 Dalseth, Margaret FR Visitation 2:28.36 2 10
2 Reamer, Nina JR Visitation 2:29.45 2 8
3 Haller, Maggie SO DeLaSalle Hi 2:29.63 2 6
4 Junker, Brenna FR St. Croix Lu 2:29.77 2 5
5 Lyngen, Lucy SO DeLaSalle Hi 2:34.39 2 4
6 Newsome, Caitlin SO Visitation 2:37.48 2 3
7 Lyngen, Leah JR DeLaSalle Hi 2:37.90 2 2
8 Prairie, Grace FR Fridley 2:39.37 2 1
9 Bosak, Hannah SO Fridley 2:39.74 2
10 Knecht, Bri SO Saint Agnes School 2:49.19 2
11 Fritz, Emma JR Concordia Academy 2:49.67 2
12 Rubio, Leslie SR Brooklyn Cen 2:56.82 1
13 Kom, Megan SR St. Croix Lu 2:59.56 1
14 Siglin, Angela FR Concordia Academy 3:04.91 1
15 Woodward, Olivia FR Academy of H 3:08.74 1
16 Brown, McKenna FR Saint Agnes School 3:09.34 1
17 McGarry, Lauren SO Academy of H 3:13.75 1
18 Carlson, Morgan FR Concordia Academy 3:14.58 1
19 Laux, Margaret FR Academy of H 3:15.03 1
20 Greene, Alyse FR St. Croix Lu 3:16.51 2

Event 19 Girls 200 Meter Dash
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Name Year School Finals Points
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Finals

1 Lewis, Cece JR Fridley 26.11 10
2 Groppoli, Emily FR Visitation 27.27 8
3 Bastiaens, Ellie SR Visitation 27.49 6
4 Williams, Nayeli FR Brooklyn Cen 27.53 5
5 McCrory, Ciara FR Academy of H 27.77 4
6 Robinson, Jaila JR Academy of H 27.88 3
7 Henry, Emma SO Academy of H 27.89 2
8 Ambrus, Muriel JR DeLaSalle Hi 28.07 1
9 Kromah, Musu SR Brooklyn Cen 28.25

Event 20 Boys 200 Meter Dash
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Name Year School Finals Points
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Finals

1 Kuroki, Asahi JR St. Croix Lu 22.34 10
2 Maag, Garrett SR St. Croix Lu 22.73 8
3 Wright, Julian JR DeLaSalle Hi 23.00 6
4 Roberts, Xavier SR DeLaSalle Hi 23.74 5
5 Laird, Peter SR Academy of H 23.83 4
6 Shea, Nolan JR Academy of H 24.11 3
7 Burkhart, Ronnie SR St. Croix Lu 24.71 2
8 Towns, Tony FR Fridley 25.07 1

Event 21 Girls 3200 Meter Run
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Name Year School Finals Points
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Finals

1 Schoonover, MaryKate SR Visitation 11:48.54 10
2 Grunau, Sadie SO Visitation 12:08.58 8
3 Wilgenbusch, Anna SR Saint Agnes School 13:10.64 6
4 Kern, Lauren SO Visitation 13:24.54 5
5 Ousdigian, Kathryn SO Concordia Academy 13:34.45 4
6 Sobhani, Hanna SR Academy of H 14:21.09 3
7 Bennett, Lexie SR Academy of H 14:26.98 2
8 Siedlecki, Summer JR Fridley 14:38.77 1

9 Zhang, Brenda (Jingyan) SO St. Croix Lu 15:07.67
10 Spott, Abigail SO St. Croix Lu 15:17.56
11 Manneh, Fatou SR Columbia Hei 15:34.45
12 Ruiz Barrios, Amayramy 7 Fridley 15:36.84
-- Johnson, Miranda SO St. Croix Lu DNF

Event 22 Boys 3200 Meter Run

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Name Year School Finals Points
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Finals

1 Holthusen, Jack JR DeLaSalle Hi 11:25.04 10
2 Wenner, Alex JR DeLaSalle Hi 11:34.48 8
3 Boehner, Pascal JR Columbia Hei 11:35.09 6
4 Wolf, Vaughan FR Saint Agnes School 11:35.65 5
5 Gawrisch, Grant SO St. Croix Lu 11:54.97 4
6 Sheeley, Liam FR Academy of H 12:00.36 3
7 Pickerign, Hunter SO St. Croix Lu 12:02.33 2
8 Hoefs, Josh FR Concordia Academy 12:06.32 1
9 Miller, Luke SR Academy of H 12:19.20
10 Keller, Matthew JR Academy of H 12:32.33
11 Sheikdon, Abdiresac SO Fridley 12:35.87
12 Buss, Albert FR Saint Agnes School 12:47.37
13 Hounder, Christian SR St. Croix Lu 13:14.65
14 Fraire-Morales, Juan JR Brooklyn Cen 14:31.11
15 Stevens, Nathan 7 Columbia Hei 14:57.82
-- Portee, Masien FR Fridley DNF

Event 23 Girls 4x400 Meter Relay

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School Finals Points
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Finals

1 Concordia Academy 4:17.08 10
1) Hartinger, Michaella JR 2) Zinter, Shaina 8
3) Fallert, Kira FR 4) Hackett, Sydney SO
5) Tensaie, Ivane FR 6)
2 Visitation 4:23.16 8
1) Thaler, Paige FR 2) Reamer, Nina JR
3) Burke, Mary SO 4) Sukup, Ella 8
3 DeLaSalle High Schoo 4:27.29 6
1) Rotman, Norah FR 2) Haller, Maggie SO
3) Ambrus, Muriel JR 4) Laumakis, Molly SO
5) Wenner, Megan FR 6) Dupont, Sophie FR
4 St. Croix Lutheran H 4:32.80 5
1) Gehring, Ruth JR 2) Wendland, Alyssa SR
3) Harris, Rachel 8 4) Junker, Brenna FR
5) Tiarks, Kylee 8 6) Greene, Alyse FR
5 Academy of Holy Ange 4:59.16 4
1) Steilen, Libby FR 2) McGarry, Lauren SO
3) Lacek, Ally FR 4) Woodward, Olivia FR
6 Saint Agnes School 5:15.83 3
1) Foote, Sara SO 2) Walsh, Maura FR
3) Galush, Maria SO 4) Petruconis, Cecelia JR
5) Brown, McKenna FR 6)
-- Fridley DQ interference
1) Smith, Britney JR 2) Prairie, Grace FR
3) Rodriguez, Santrice FR 4) Couwenhoven, Anna 8
5) Bosak, Hannah SO 6)

Event 24 Boys 4x400 Meter Relay

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School Finals Points
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Finals

1 St. Croix Lutheran H 3:38.74 10
 1) Wurst, Mike JR 2) Rathje, Caleb JR
 3) Liesener, Josh SO 4) Chernohorsky, James SR
 5) Arndt, Zach FR 6) Harris, Gabe JR
 2 DeLaSalle High Schoo 3:39.78 8
 1) Linares, Liam FR 2) Villagomez, Romario SR
 3) Nigatu, Amanuel JR 4) Fisher, Henry SO
 5) Kalscheur, Gabe SR 6) Omodt, Nathan SO
 3 Fridley 3:39.88 6
 1) ZayZay, Benedict SR 2) Castillo, Christopher SO
 3) Ombuya, George FR 4) Hoglund, Graham JR
 5) Howard, Bryant SO 6)
 4 Academy of Holy Ange 3:46.37 5
 1) Gillard, Alex SR 2) O'Rourke, Conor SO
 3) Benz, Zachary JR 4) Shea, Nolan JR
 5) Larson, Erik JR 6)
 5 Concordia Academy 3:49.22 4
 1) Boll, Jonathan SR 2) Sandau, Ian FR
 3) Voelker, David JR 4) Cooke, Mitchell SR
 5) Johnson, Garrett SR 6) Ababayehu, Solomon JR
 6 Saint Agnes School 4:10.38 3
 1) Fink, Gabe JR 2) Hoang, Denny JR
 3) True, Phillip SO 4) Brownell, Andrew SO
 5) Deavel, Gus SO 6)
 7 Columbia Heights Hig 4:25.91 2
 1) Hemmick, Adrian FR 2) Mai, Henry FR
 3) Ocloo, Eric SO 4) Garcia, Dali SR
 5) Castro Santos, Simon FR 6) Oates, Chase 8

Event 25 Girls High Jump

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Name	Year	School	Finals	Points
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Finals

1 Partridge, Claudia SR DeLaSalle Hi 5-04.00 10
 2 Robinson, Arika SR Concordia Academy 5-04.00 8
 3 Henry, Isabelle SO Academy of H 4-08.00 5.50
 3 Paup, Haley SR Concordia Academy 4-08.00 5.50
 5 Burns, Sydney FR Academy of H 4-08.00 4
 6 Daniel, Rayo SO DeLaSalle Hi 4-08.00 3
 7 Ryan, Kelsi SR St. Croix Lu 4-06.00 1
 7 Little, Hannah FR St. Croix Lu 4-06.00 1
 7 Ostendorf, Elizabeth SR Concordia Academy 4-06.00 1
 10 Smith, Britney JR Fridley 4-06.00
 11 Hostetler, Annie FR Visitation 4-06.00
 11 James, Alesha FR Columbia Hei 4-06.00
 13 Reynolds, Emily JR Columbia Hei 4-04.00
 13 Bursey, Hannah SR Visitation 4-04.00
 15 Skrien, Ruby SR St. Croix Lu 4-02.00
 16 Bastiaens, Ellie SR Visitation 4-00
 -- O'Connor, Kelly JR Academy of H NH

Event 26 Boys High Jump

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Name	Year	School	Finals	Points
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Finals

1 Huss, Evan SR Academy of H 6-02.00 10
 2 Franks, Kobe SO DeLaSalle Hi 5-10.00 8
 3 Lewis, Keon SR Columbia Hei 5-08.00 6
 4 DeLong, Colin JR Concordia Academy 5-08.00 5
 5 Davis, Terrell FR Fridley 5-06.00 4
 6 Gansler, Ben JR Saint Agnes School 5-06.00 2.50
 6 Raymond, Luke JR Concordia Academy 5-06.00 2.50
 8 McCarter, Maurice SO Fridley 5-04.00 1

9 Crutcher, Nevin JR DeLaSalle Hi 5-04.00
 10 Brown, Daevion SO Columbia Hei 5-04.00
 11 Toby, Augustine JR Fridley 5-02.00
 11 Gillard, Josh 8 Academy of H 5-02.00
 -- Liesener, Josh SO St. Croix Lu NH
 -- Rathje, Caleb JR St. Croix Lu NH
 -- Hagos, Essay SO Concordia Academy NH
 -- Burns, Liam FR DeLaSalle Hi NH
 -- Little, Caleb JR St. Croix Lu NH

Event 27 Girls Pole Vault

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Name	Year	School	Finals	Points
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Finals

1 TerHaar, Rachel SR Concordia Academy 11-00.00 10
 2 Winterfeldt, Paige JR Concordia Academy 9-00.00 8
 3 Jaeschke, Emma SO Visitation 9-00.00 6
 4 Ness, Saralynn SR Fridley 7-00.00 5
 5 Hogan, Madison JR St. Croix Lu 7-00.00 4
 6 Stensland, Abbi JR St. Croix Lu 6-06.00 3
 7 Canessa, Natalie SO Visitation 6-06.00 1.50
 7 Stensland, Gabby SR St. Croix Lu 6-06.00 1.50
 9 Zangs, Morgan SO Academy of H 6-06.00
 10 Paske, Ela FR Visitation 6-06.00
 11 Zimmer, Caeley SO Fridley 6-00.00
 11 O'Connor, Kelly JR Academy of H 6-00.00
 -- Santanero, Marlen SR Fridley NH

Event 28 Boys Pole Vault

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Name	Year	School	Finals	Points
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Finals

1 Gillard, Alex SR Academy of H 12-00.00 10
 2 DeMuse, Thomas SR Academy of H 11-06.00 8
 3 Carvalho, Thiago SR St. Croix Lu 10-06.00 6
 4 Hoglund, Graham JR Fridley 10-06.00 5
 5 Haberkorn, Sam JR St. Croix Lu 9-06.00 4
 6 Chernohorsky, James SR St. Croix Lu 9-06.00 2.50
 6 Boll, Jonathan SR Concordia Academy 9-06.00 2.50
 8 Sjursen, Erik SR Concordia Academy 9-00.00 1
 -- Severson, Derek FR Fridley NH
 -- Graves, Nico FR Academy of H NH

Event 29 Girls Long Jump

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Name	Year	School	Finals	Points
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Finals

1 Jansen, Ann SR Visitation 16-06.00 10
 2 Robinson, Arika SR Concordia Academy 16-04.00 8
 3 Williams, Nayeli FR Brooklyn Cen 16-01.00 6
 4 Mohs, Courtney SR Academy of H 15-06.00 5
 5 Montgomery, Rachel JR St. Croix Lu 15-04.00 4
 6 Young, Jaclyn 8 Visitation 15-04.00 3
 7 Lewis, Cece JR Fridley 15-01.50 2
 8 Hackett, Sydney SO Concordia Academy 15-01.00 1
 9 Tesch-Stevson, Haley FR DeLaSalle Hi 14-06.00
 10 Scholten, Annika SR Concordia Academy 14-01.50
 11 Wosepka, Maya SO DeLaSalle Hi 14-01.00
 11 Gadison, Audrey SR St. Croix Lu 14-01.00
 13 Henry, Emma SO Academy of H 13-11.50
 13 Douhe Guela, Andrea SR Fridley 13-11.50
 15 Prairie, Grace FR Fridley 13-10.00

16 Raasch, Abby SR St. Croix Lu 13-09.50
17 Watkins-Wright, Meryt JR DeLaSalle Hi 12-04.00
18 Arentz, Kaitlyn JR Academy of H 12-01.00
19 Galush, Maria SO Saint Agnes School 11-03.00
-- Paske, Ela FR Visitation ND
-- Gansler, Erika FR Saint Agnes School ND

Event 30 Boys Long Jump

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Name	Year	School	Finals	Points
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Finals

1	Marzinske, Jake	JR St. Croix Lu	21-01.50	10
2	Hackett, Casey	SR Concordia Academy	21-00.75	8
3	Huss, Evan	SR Academy of H	20-08.00	6
4	Maag, Garrett	SR St. Croix Lu	20-06.00	5
5	Toby, Augustine	JR Fridley	19-07.25	4
6	Kosmach, John	SR Academy of H	18-09.50	3
7	Williams, Darius	SR Fridley	17-08.00	2
8	Castaneda, Henry	SO Brooklyn Cen	17-08.00	1
9	Crutcher, Nevin	JR DeLaSalle Hi	17-04.25	
10	Arndt, Zach	FR St. Croix Lu	17-04.00	
11	Fraire-Morales, Juan	JR Brooklyn Cen	17-00.50	
12	Quast, Jaden	FR Concordia Academy	16-11.00	
13	Laird, Peter	SR Academy of H	16-10.75	
14	Stokman, Thomas	SO Saint Agnes School	16-00.50	
15	Retic, Daniel	FR Brooklyn Cen	15-10.50	
16	Heck, Emmet	JR Concordia Academy	15-04.25	
17	Lewis, Kaleb	8 Columbia Hei	14-05.00	
18	Hemmick, Adrian	FR Columbia Hei	13-06.00	
19	Vu, Vincent	FR Saint Agnes School	12-09.00	
--	Williams, Daunte	JR Fridley ND		

Event 31 Girls Triple Jump

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Name	Year	School	Finals	Points
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Finals

1	Robinson, Arika	SR Concordia Academy	34-07.50	10
2	Raasch, Abby	SR St. Croix Lu	32-07.50	8
3	Tesch-Stevson, Haley	FR DeLaSalle Hi	32-04.50	6
4	Jansen, Ann	SR Visitation	32-01.00	5
5	Hackett, Sydney	SO Concordia Academy	31-10.50	4
6	Wheeler, Anne	SR Visitation	30-11.25	3
7	Scholten, Annika	SR Concordia Academy	30-10.50	2
8	Mohs, Courtney	SR Academy of H	30-05.25	1
9	Reynolds, Emily	JR Columbia Hei	30-01.75	
10	Arentz, Kaitlyn	JR Academy of H	29-02.50	
11	Johnson, Jordan	SO St. Croix Lu	29-02.00	
12	Richard, Olivia	SR Fridley	28-03.50	
13	Burse, Hannah	SR Visitation	27-11.50	
14	Stensland, Gabby	SR St. Croix Lu	26-07.50	
15	Brown, Rebakah	FR Fridley	25-07.50	
16	Seldom, Tenzin	SO Fridley	25-06.00	
--	Davies, Maria	FR Academy of H ND		

Event 32 Boys Triple Jump

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Name	Year	School	Finals	Points
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Finals

1	Marzinske, Jake	JR St. Croix Lu	45-08.50	10
2	Hackett, Casey	SR Concordia Academy	43-02.00	8
3	Lewis, Keon	SR Columbia Hei	40-04.50	6
4	Toby, Augustine	JR Fridley	40-04.00	5

5 Moore, Kenneth JR Columbia Hei 38-11.00 4
 6 Quast, Jaden FR Concordia Academy 38-03.50 3
 7 Ombuya, George FR Fridley 38-03.00 2
 8 McCarter, Maurice SO Fridley 36-09.00 1
 9 Burkhart, Ronnie SR St. Croix Lu 35-11.50
 10 Little, Caleb JR St. Croix Lu 35-01.50
 11 Hagos, Essay SO Concordia Academy 35-01.00
 12 Crutcher, Nevin JR DeLaSalle Hi 34-08.00
 13 Shelstad, Thomas JR Academy of H 33-07.25
 14 Oates, Chase 8 Columbia Hei 33-00.00
 15 Graves, Nico FR Academy of H 30-04.00
 -- Franks, Kobe SO DeLaSalle Hi ND

Event 33 Girls Discus Throw

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Name	Year	School	Finals	Points
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Finals

1 Johnson, Johanna JR St. Croix Lu 121-06 10
 2 Elkhair, Shadin SR Fridley 92-07 8
 3 Laumakis, Molly SO DeLaSalle Hi 88-11 6
 4 Stensland, Abbi JR St. Croix Lu 87-02 5
 5 Meader, Sidney JR Brooklyn Cen 82-06 4
 6 Romay, Isabel JR Concordia Academy 82-02 3
 7 Bunker, Naomi JR Concordia Academy 81-08 2
 8 Allen, Olivia FR St. Croix Lu 77-02 1
 9 Klein, Elle 7 Visitation 74-04
 10 Thao, Anee SO Fridley 72-09
 11 Shields, Julia SR Concordia Academy 71-10
 12 Geis, Faith SO Visitation 71-04
 13 Johnson, Jamia JR Fridley 66-03
 14 Griswold, Isabella FR Academy of H 61-04
 15 Hyser, Mae SO DeLaSalle Hi 60-06
 16 Hunter, Mahelia JR Academy of H 56-02
 17 Murphy, Margit SO Visitation 54-00
 18 Marcolina, Jena SO Saint Agnes School 52-01
 19 Bluhm, Natalie SR Columbia Hei 50-05
 20 Estrada, Jazmine FR DeLaSalle Hi 49-05
 21 Birkey, Rose SO Saint Agnes School 40-09

Event 34 Boys Discus Throw

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Name	Year	School	Finals	Points
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Finals

1 Mundfrom, Eben SR Concordia Academy 141-05 10
 2 Lewis, Elijah JR St. Croix Lu 133-06 8
 3 Hamilton Jr., Gerone SR Academy of H 118-05 6
 4 Harris, Anthony JR DeLaSalle Hi 115-08 5
 5 Williams, Darius SR Fridley 113-11 4
 6 Allen, Isaiah JR St. Croix Lu 113-09 3
 7 Kletscher, Stephen SR St. Croix Lu 109-01 2
 8 DeMuse, Thomas SR Academy of H 104-07 1
 9 Sims, Asa JR Fridley 102-11
 10 Kenigsberg, Alexandr JR DeLaSalle Hi 97-01
 11 Baker, Donovan SR Concordia Academy 87-10
 12 Lahlum, Lucas SR Saint Agnes School 87-05
 13 Johnston, Max SR Concordia Academy 86-07
 14 Katchmark, William FR Columbia Hei 83-04
 15 Rowe, Rollin FR Academy of H 83-02
 16 Law, Isaiah JR Brooklyn Cen 77-08
 17 Fru, Ntseh JR DeLaSalle Hi 75-06
 18 Franklin, Joshua FR Fridley 74-01
 19 Lin, Micah SR Saint Agnes School 65-09

Event 35 Girls Shot Put

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Name	Year	School	Finals	Points
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Finals

1	Johnson, Johanna	JR St. Croix Lu	35-06.25	10
2	Laumakis, Molly	SO DeLaSalle Hi	33-08.50	8
3	Allen, Olivia	FR St. Croix Lu	31-08.50	6
4	Romay, Isabel	JR Concordia Academy	30-09.00	5
5	Bunker, Naomi	JR Concordia Academy	30-05.25	4
6	Hunter, Mahelia	JR Academy of H	30-03.25	3
7	Elkhair, Shadin	SR Fridley	29-08.25	2
8	Meador, Sidney	JR Brooklyn Cen	29-06.50	1
9	Johnson, Jamia	JR Fridley	28-11.75	
10	Stensland, Abbi	JR St. Croix Lu	27-09.00	
11	Rome, Maya	7 Visitation	27-06.25	
12	Renstrom, Grace	JR Concordia Academy	27-00.50	
13	Klein, Elle	7 Visitation	24-02.25	
14	Marcolina, Jena	SO Saint Agnes School	23-06.25	
15	Thao, Anee	SO Fridley	23-00.25	
16	Howard Reynolds, Saniah	7 Columbia Hei	22-10.50	
17	Murphy, Margit	SO Visitation	22-04.50	
18	Estrada, Jazmine	FR DeLaSalle Hi	19-02.75	
19	Huerta Herrera, Gabriela	JR Columbia Hei	17-10.00	
20	Birkey, Rose	SO Saint Agnes School	17-09.50	
21	Brindley, Grace	FR Academy of H	15-08.00	
22	Mathenge, Melphis	SO Academy of H	14-10.50	

Event 36 Boys Shot Put

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Name	Year	School	Finals	Points
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Finals

1	Williams, Darius	SR Fridley	44-05.75	10
2	Kletscher, Stephen	SR St. Croix Lu	44-01.00	8
3	Mundfrom, Eben	SR Concordia Academy	40-09.75	6
4	Hamilton Jr., Gerone	SR Academy of H	38-08.00	5
5	Lewis, Elijah	JR St. Croix Lu	38-04.50	4
6	Williams, Daunte	JR Fridley	37-05.75	3
7	Sims, Asa	JR Fridley	35-11.00	2
8	Tacheny, Wes	SR Concordia Academy	35-09.75	1
9	Law, Isaiah	JR Brooklyn Cen	35-05.50	
10	Allen, Isaiah	JR St. Croix Lu	35-03.00	
11	Rowe, Rollin	FR Academy of H	33-09.25	
12	Harris, Anthony	JR DeLaSalle Hi	32-03.00	
13	Baker, Donovan	SR Concordia Academy	32-02.50	
14	Shelstad, Thomas	JR Academy of H	31-09.50	
15	Kenigsberg, Alexandr	JR DeLaSalle Hi	31-06.00	
16	Lahlum, Lucas	SR Saint Agnes School	28-00.75	
17	Lin, Micah	SR Saint Agnes School	23-09.25	
--	Vivar, Dennis	SR Columbia Hei	ND	
--	Katchmark, William	FR Columbia Hei	ND	